called junior doctors will take industrial action today the trust faced services were safer overnight and will be today they also said thank you today's the day ago bats away saying they have no doubt they prioritise patients rebecca's while reporting they're in other stories this morning a suspected suicide bomb attack on a polio vaccination centre in south-west Pakistan has killed 14 people local officials say 12 police soldiers and civilians are among the dead another 23 people were wounded a man has been charged with the murder of a 60 year old man in East London he died after being stabbed in the chest of a pub in Hornchurch on Sunday 31 year old Jason Roberts is due at Redbridge Magistrates' court later and new research claims 18 potatoes can increase the risk of women suffering diabetes during pregnancy it suggests women who eat two to 4 servings of potatoes a week maybe 27 per cent more likely to suffer the condition Santa said because they contain lots of starch

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let's delve known to some of the morning's front pages in the times energy companies are under pressure to cut their prices after a study suggested almost half of over 65s plan to ration their energy use in the Telegraph the University of Ulster chancellor has defended the institutionalisation historical relationship with Cecil Rhodes following a campaign to remove the statue of him from a College the Guardian there's increasing optimism that a deal can be reached before a planned 2nd junior doctor strike later this month to the independent mps have accused water regulator off what are allowing Britain's privatised water companies to charge consumers unnecessarily high prices will be getting plenty more detail on that enough money news that the F T reports on job losses in the oil industry same prices fell to almost 30 dollars a barrel and just time to the express scientists have predicted that dementia or become a treatable condition within a decade Reus is the LBC morning news with Lisa as these

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power Alex Salmond will be taking your calls on his 1st El BC phone in with Ian Dale from for this afternoon the former 1st minister of Scotland is not one to mince his words so no doubt we can expect a pretty fiery exchanges LBC's political editor of the year Russia has more for us now sofia how do you think then Mr Salmond or get on Yes more from Alex Salmond point of view Lisa this presents an opportunity to have a voice you remember those days in the early part of the coalition where Nick clegg's sat slumped on those green benches as David Cameron held for the PMQs and then suddenly he had his weekly LBC phone in on the nation hung on every word he said well Alex Salmond faces a similar predicament PMQs Yes and people need to thank us Robinson take to his feet and ask is to questions Alex Salmond was sit on those benches just like Nick Clegg did Mr Salmond of course may be the King across the water but he won't have a say and heels is simply his party's foreign affairs spokesman but for a politician who has had such a glittering career